

Prescribing Information for Patients using Coenzyme Q10 (Ubiquinol)

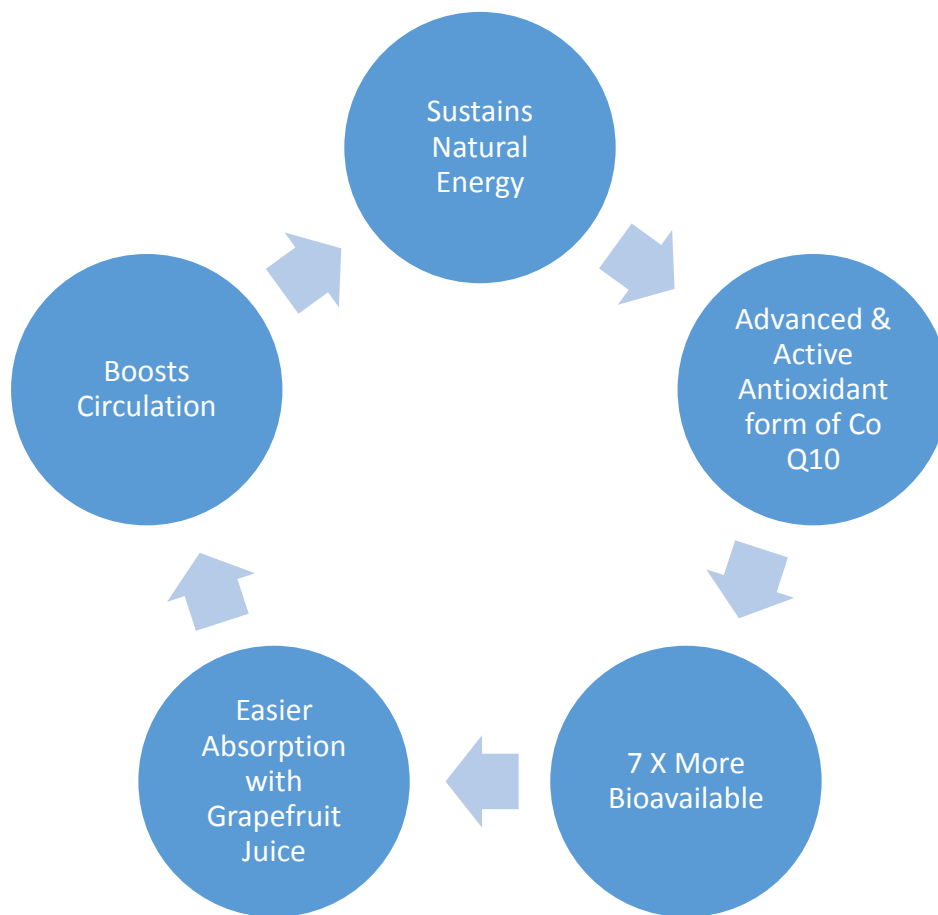
Coenzyme Q10- Ubiquinol

Coenzyme Q10 is also known as ubiquinone and ubiquinol.

Coenzyme Q10 is a vitamin-like substance, present in all human cells and involved in the production of the body's own energy.

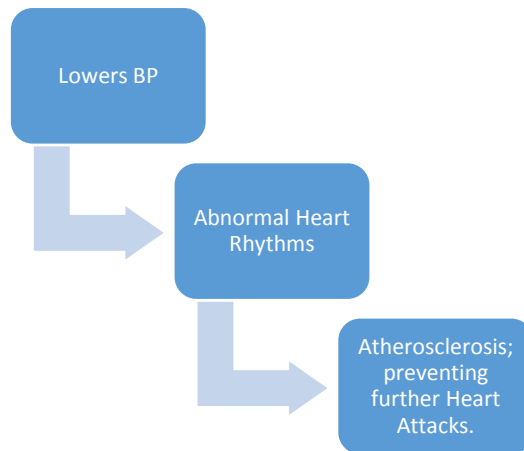
It can be obtained from the diet; meat and fatty fish products are the most concentrated sources.

Featuring Gree Q10

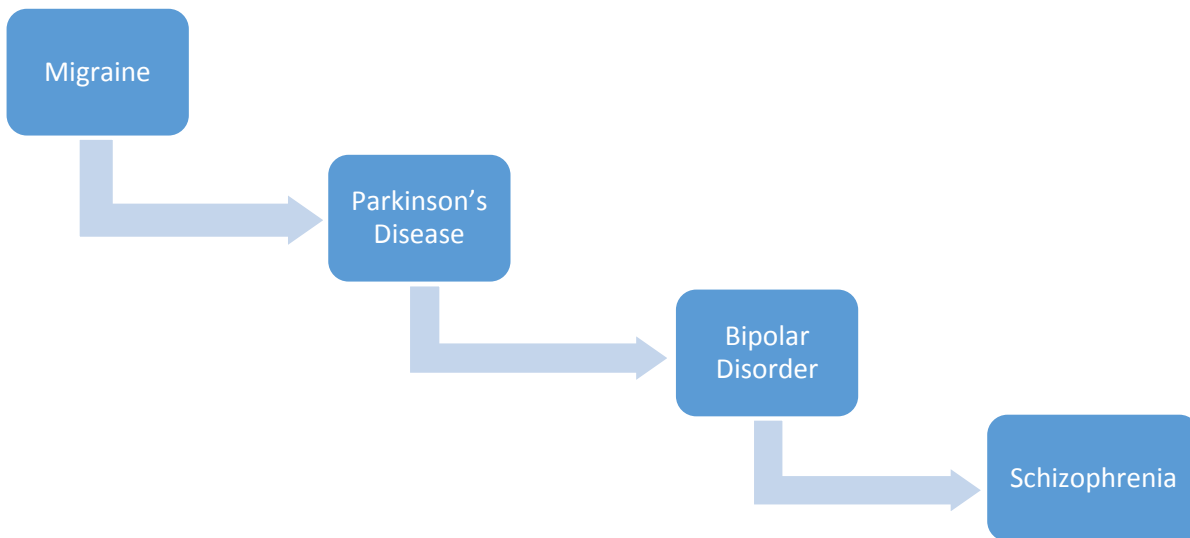


INDICATIONS:

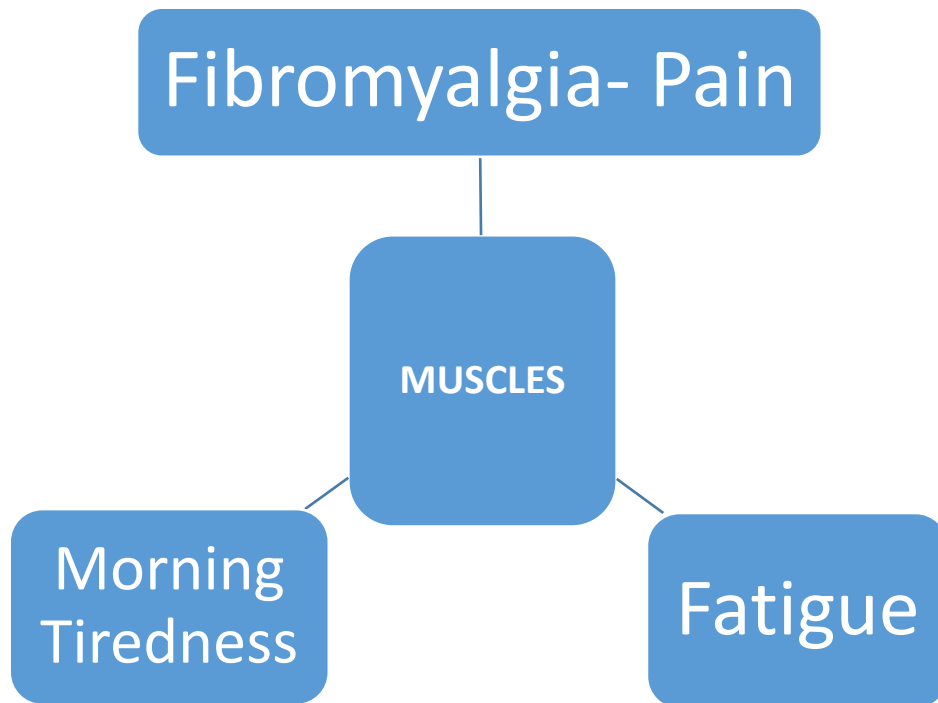
1) CVS Health:



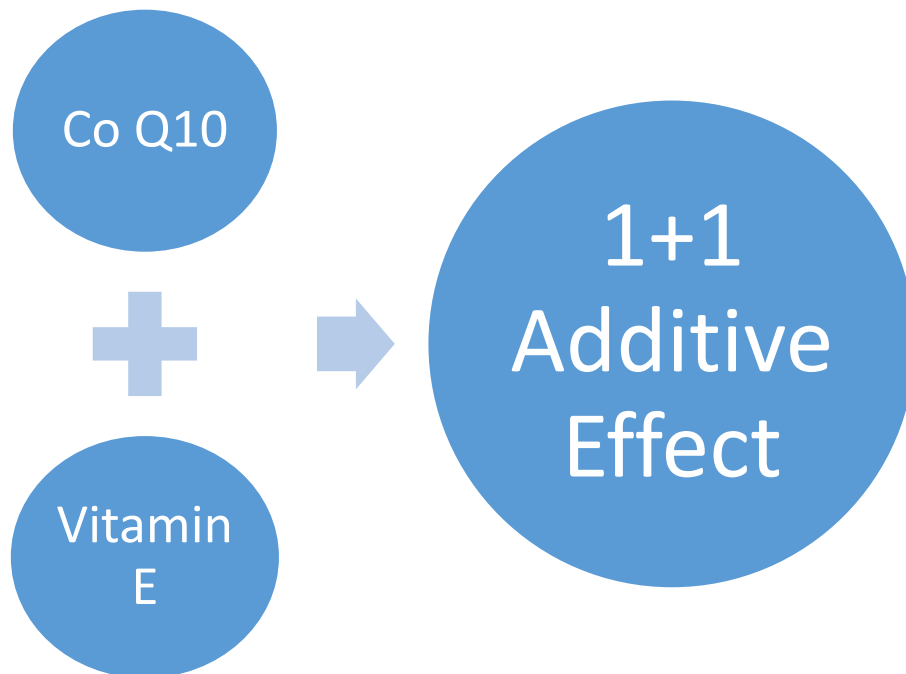
2) BRAIN



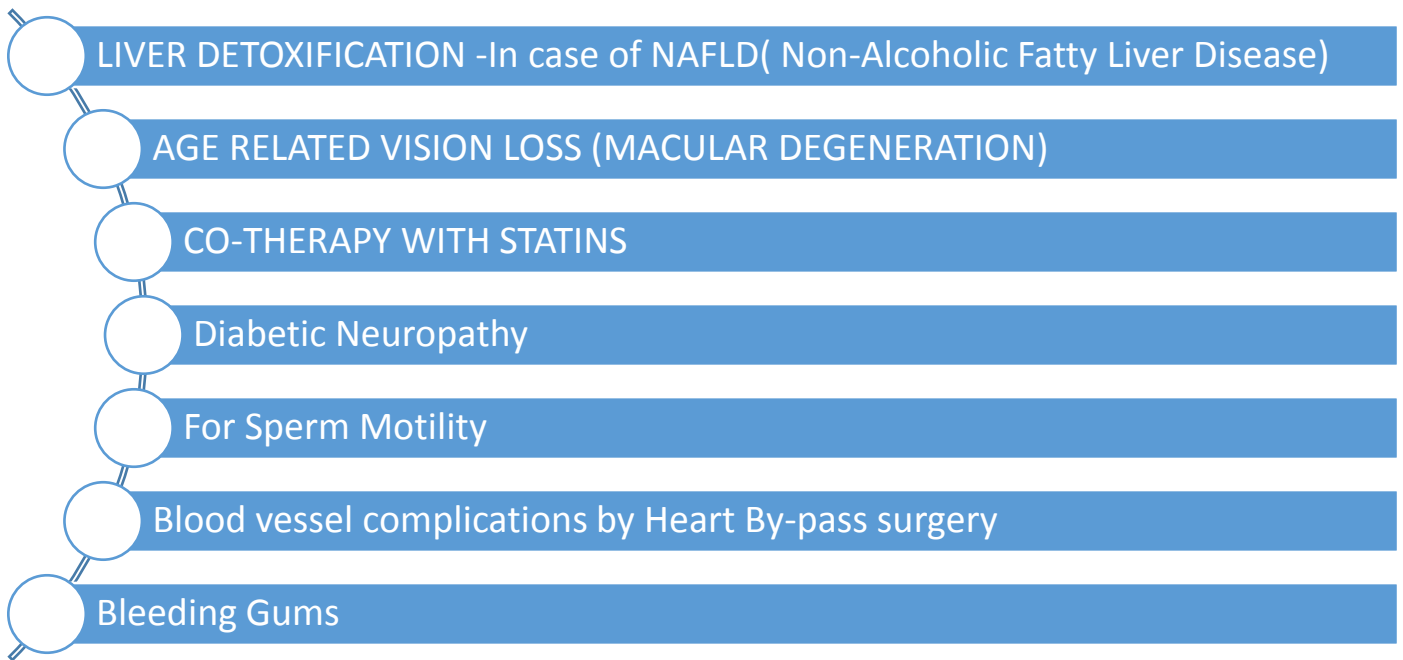
3) MUSCLE



4) SKIN & AGING



Hence, Better Antioxidant protection

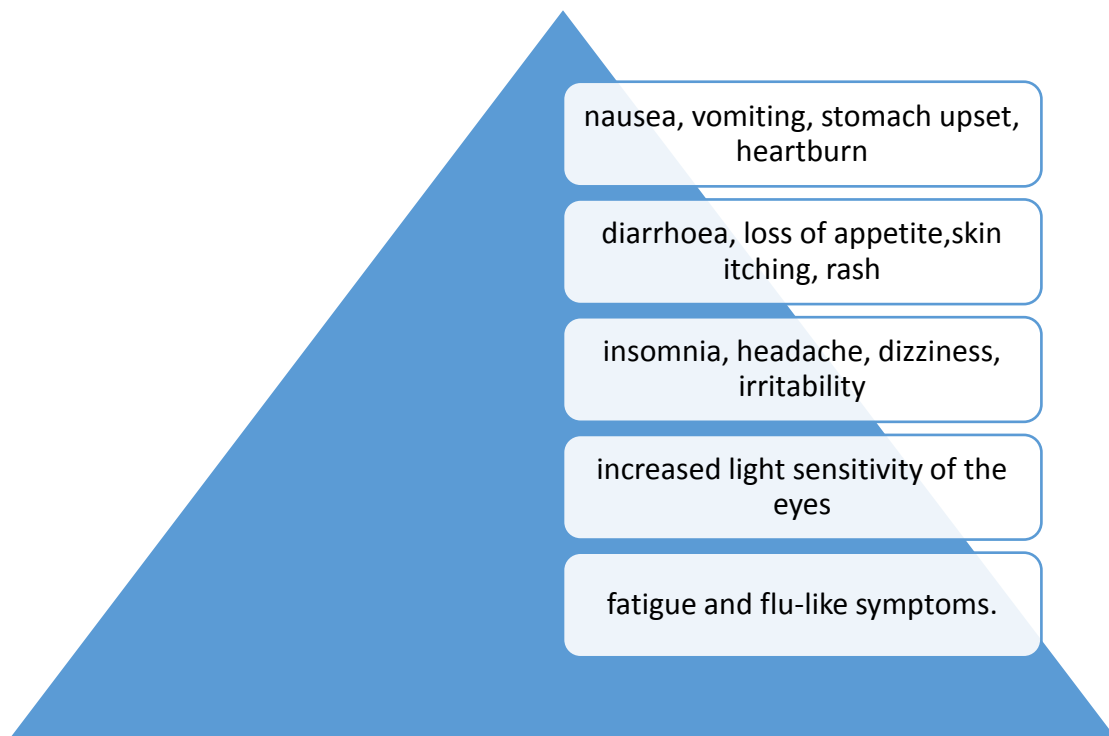


DOSAGE : One capsule twice daily after meals with water or Grapefruit juice.

SIDE EFFECTS

Side effects are typically mild and brief, stopping without any treatment needed.

Reactions may include:



CONTRAINDICATIONS

Pregnancy and Breast-feeding:

Gree Q10 is not recommended during pregnancy or whilst breastfeeding.

You should not take Gree Q10 if you are pregnant, planning a pregnancy or breastfeeding.

Medicines

Most herbs and supplements have not been thoroughly tested for interactions with other herbs, supplements, drugs, or foods. You should talk to your doctor before taking Gree Q10 if you are taking:

Warfarin. Patients taking Warfarin should have their blood checked at more frequent intervals during the introduction of this medication but there is likely to be little change in the long term.

Levothyroxine

Tricyclic antidepressants such as amitriptyline

Diabetes medications

Statins such as atorvastatin and simvastatin

Beta-blockers such as atenolol

Diuretics, 'water tablets', such as bendroflumethiazide and furosemide.

SAFETY AND WARNINGS

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 - Gree Q10 is generally well tolerated. As with any dietary supplement, some gastrointestinal discomfort may be experienced.
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 - Do not take while on blood thinning medication without consulting a doctor.

DOSAGE FORM

Available in a plastic container of 60 softgels.